



International Journal of Pharmaceutical Sciences and Drug Research

[ISSN: 0975-248X; CODEN (USA): IJPSPP]

journal home page : <http://ijpsdronline.com/index.php/journal>



Research Article

Phytochemical Composition, GC-MS Profiling, Antibacterial and Antioxidant Activities of *Tarenna asiatica* Stem Extracts

Meghashree A. M., Rajkumar H. Garampalli*

Department of Studies in Botany, University of Mysore, Manasagangotri, Mysuru- 570006, Karnataka, India

ARTICLE INFO

Article history:

Received: 09 February, 2026

Revised: 19 February, 2026

Accepted: 21 February, 2026

Published: 30 March, 2026

Keywords:

Tarenna asiatica, Quantitative estimation, Antioxidant activity, Antibacterial activity, GC-MS analysis.

DOI:

10.25004/IJPSDR.2026.180202

ABSTRACT

Tarenna asiatica is widely used in traditional medicine to treat a range of skin diseases. The current study focused on the stem extracts of the plant to evaluate its phytochemical composition, gas chromatography-mass spectroscopy (GC-MS) profile, and antibacterial and antioxidant efficacy. Alkaloids, flavonoids, steroids, terpenoids, and phenols were detected by qualitative phytochemical screening. The ethanol and chloroform extracts showed the highest phenol and flavonoid contents, respectively. The ethanol extract exhibited significant radical scavenging ability in the DPPH assay and reducing power assay. Antibacterial activity was assessed using the well diffusion method. The chloroform extract demonstrated significant antibacterial activity, exhibiting the highest zone of inhibition against *Escherichia coli* (17.67 ± 0.33 mm), while the methanolic extract indicated no activity. The chloroform extract had the lowest minimum inhibitory concentration (MIC) value against *E. coli*, *Bacillus subtilis*, and *Staphylococcus aureus*, measuring a value of 0.156 mg/mL. In thin-layer chromatography (TLC) bioautography, inhibition zones for all tested pathogens were observed at Rf values of 0.16 and 0.37. GC-MS analysis revealed the presence of retusine and salvigenin as the chief flavonoid compounds in the chloroform extract. The results of the present study highlight the potential value of *T. asiatica* stem extracts as a source of antibacterial agents, especially the chloroform extract.

INTRODUCTION

Plants have significantly contributed to the evolution of human culture through their nutritional or therapeutic value. Medicinal plants, in particular, have consistently been a primary source of medicine across nearly all cultures and civilizations.^[1] The World Health Organization (WHO) acknowledges that medicinal plants play a crucial role in healthcare, with approximately 80% of the population in developing countries relying primarily on traditional medicine, and about 85% of traditional medicine involves the use of plant extracts.^[2] Plants are natural sources for phytochemicals that accumulate in the leaves, fruits, barks, stems, and roots of medicinal plants, which makes them an important source for therapeutic use in the treatment of various diseases.^[3] Advances in phytochemical research have led to the identification of numerous bioactive

chemicals from plants that are essential to nutraceuticals, cosmetics, and pharmaceuticals.

Tarenna asiatica belongs to the family Rubiaceae and is endemic to the southern part of India, Sri Lanka, and Malaysia.^[4] Traditionally, it has been used to treat several human ailments, including wound healing, as an antidote for paralysis, eye infections, and skin diseases, and is also administered to stimulate suppuration.^[5] Hence, *T. asiatica* holds an important position among medicinal plants due to its numerous phytotherapeutic properties. Generally, leaves are used as an antidote for paralysis, have wound-healing properties, and is a remedy for stomach problems.^[6,7] Herbal remedies of *T. asiatica* fruit include treatment for eye infections, dermatological disorders, and stomach aches; fruit after smashing is placed on boils to induce suppuration.^[8-10] Solvent

*Corresponding Author: Dr. Rajkumar H Garampalli

Address: Department of Studies in Botany, University of Mysore, Manasagangotri, Mysuru, Karnataka, India

Email ✉: rajkumarhg@gmail.com

Tel.: 91-9980736894

Relevant conflicts of interest/financial disclosures: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Copyright © 2026 Meghashree A. M. *et al.* This is an open access article distributed under the terms of the Creative Commons Attribution- NonCommercial-ShareAlike 4.0 International License which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.

extracts of leaves have shown good antibacterial,^[8,11] antioxidant,^[12] and anti-inflammatory properties.^[13] Leaf extracts also have notable mosquitocidal activity against the *Aedes aegypti* and demonstrate substantial antiviral efficacy against the dengue virus.^[11] Ethanol extract of *T. asiatica* fruit showed remarkable cytotoxic effects on the human breast cancer cell line.^[14] A GC-MS investigation of the ethanolic leaf extract of *T. asiatica* showed the presence of nine compounds, namely benzaldehyde, glycerine, benzofuran-2,3-dihydro-, propane-1,3-diol 4-methyl-benzeneboronate, n-hexadecanoic acid, phytol, D-mannitol, propylene glycol monooleate, and squalene.^[15] The acetone leaf extract revealed the presence of tetracontane, 2-methyltetracosane, and eicosane.^[11] Recently, there has been an increasing emphasis on the conservation of medicinal plants due to their usage in conventional as well as traditional practices, and some of them have a high demand for supply due to their large-scale utility in Commercial industries. However, some of the medicinal plants are scientifically validated for their therapeutic efficacy, while others are rooted in cultural beliefs and folklore.^[16] Despite its Immense medicinal value, information with regard to *T. asiatica* biological efficacy against various ailments is lacking; hence, the present study focuses on the estimation of phytochemical constituents of *T. asiatica* stem solvent extracts and the evaluation of their antioxidant and antimicrobial properties.

MATERIALS AND METHODS

Collection of Plant Material

Young stem material of *T. asiatica* was collected from the Punajur region of Chamarajanagara district in Karnataka by taking help from a local expert. The plant was identified using local flora and verified through online databases.^[17,18] A herbarium specimen was prepared and deposited in the herbarium of the Department of Studies in Botany, University of Mysore, Manasagangotri, Mysuru, with Voucher No.: UOMBOT26TA004. The collected plant material (Fig. 1) was thoroughly rinsed with tap water and then with distilled water, shade-dried at room temperature, homogenized into a fine powder by using a blender, and stored in an airtight dry container for further use.^[19]

Preparation of Extracts

The powdered plant material was subjected to the Soxhlet extraction method to separate phyto-constituents using different solvents, namely petroleum ether, chloroform, ethyl acetate, ethanol, and methanol, based on their polarity.^[20] 50 g of powdered plant material was successively extracted with 250 mL of solvent. Following extraction, the recovered filtrates were concentrated and

stored in a sterile container in a refrigerator at 4°C until further use. The percentage yield of the extracts that was obtained after evaporation was calculated using the following formula:

$$\text{Yield (\%)} = \frac{\text{Weight of dried extract}}{\text{Weight of plant powder taken}} \times 100$$

Phytochemical Screening

The extracts were subjected to qualitative phytochemical screening to identify the presence of active phytochemical constituents using the standard methods.^[19, 21, 22, 23] All tests were carried out in triplicate to ensure result reliability.

Total phenolic content

The Folin-Ciocalteu reagent method was followed to estimate total phenolic content with slight modification as described by Amir *et al.* (2011).^[24] The Folin-Ciocalteu reagent (5 mL, 1:10 dilution) and aqueous sodium carbonate (4 mL, 1M) were mixed with an aliquot (0.5 mL of 1 mg/mL) of plant extract or gallic acid (standard). After 15 minutes of incubation at room temperature, the reaction mixtures' absorbance was measured at 765 nm. Gallic acid was used to develop a standard calibration curve (20–100 µg/mL) in methanol. The total phenolic content was expressed as milligrams of gallic acid equivalents per gram of dry crude extract (mgGAE/g DCE).

Total flavonoid content

The aluminum chloride colorimetric assay was used to estimate the total flavonoid content.^[25] An aliquot (1 mL of 1 mg/mL) of extract or standard solutions of quercetin (20-100 µg/mL) was mixed with distilled water (4 mL). To the flask, sodium nitrite (0.3 mL, 5%) was added, followed by aluminum chloride (0.3 mL, 10%) after 5 minutes. Subsequently, sodium hydroxide (2 mL, 1 M) was added, and adjusting the volume to 10 mL using distilled water, the absorbance was measured at 510 nm. The total flavonoid content was expressed as milligrams of quercetin equivalents per gram of dry crude extract (mgQE/g DCE).

Antioxidant activities

DPPH(1, 1-Diphenyl-2-Picryl Hydrazyl) Assay

The DPPH assay was performed as described by Braca *et al.* (2001).^[26] Plant samples were taken at different concentrations (20-100 µL) and made up to 100 µL using methanol. Subsequently, 3 mL of DPPH solution in methanol (0.004%) was added to the samples. Ascorbic acid was used as the reference standard. The negative control consisted of 100 µL of methanol combined with 3 mL of DPPH solution. The reaction mixtures were kept in the darkness for 30 minutes, and the absorbance was taken at 517 nm. The radical scavenging activity of the



test samples was quantified as IC₅₀ values, which denoted the concentration required to scavenge 50% of DPPH free radicals.

Reducing power assay

The reductive ability of the extracts was determined based on the Fe³⁺ to Fe²⁺ reduction method described by Fejes *et al.* (200).^[27] The extract (1 mL) was combined with phosphate buffer (2.5 mL, 0.2M, pH 6.6), and potassium ferricyanide (2.5 mL, 1%), then incubated at 50°C for 20 minutes. After adding trichloroacetic acid (2.5 mL, 10%), the mixture was subjected to centrifugation at 3000 rpm for 10 minutes. The supernatant (2.5 mL) was combined with distilled water (2.5 mL) and ferric chloride (0.5 mL, 0.1%), and absorbance was measured at 700 nm. Higher absorbance indicated better reducing power. Ascorbic acid served as the reference standard, whereas phosphate buffer was used as the blank solution.

Antibacterial activity

The antibacterial activity of the extracts was tested against *Staphylococcus aureus* (MTCC 740), *Escherichia coli* (MTCC 7410), *Bacillus subtilis* (MTCC 121^T), and *Salmonella typhi* (MTCC 733).

Well-diffusion method

The antibacterial assay of solvent extracts was evaluated using the well-diffusion method.^[28] Using 50 µL of the inoculum, a uniform bacterial lawn was obtained on nutrient agar plates. Wells were prepared using a cork borer measuring 10 mm in diameter. The wells were loaded with 100 µL of plant extract (100 mg/mL in DMSO), solvent (DMSO, negative control), or streptomycin (1 mg/mL, positive control) in aseptic condition. The inoculated plates were incubated at 37°C for 24 hours, and then the plates were examined for zones of inhibition. The diameter of the zone was measured in millimeters (mm) and compared to the positive control (streptomycin).

Minimum Inhibitory Concentration (MIC)

The minimum inhibitory concentration (MIC) was determined using a 96-well microtiter plate (300 µL capacity per well). The solvent extracts were prepared at a concentration of 10 mg/mL and 0.1 mg/mL for the plant extracts and reference antibiotic (streptomycin), respectively. 100 µL of Muller-Hinton broth was dispensed into each well. A 100 µL volume of each test sample was introduced into the initial well of the plate. Serial dilution was prepared to attain concentration ranges of 5.0-0.039 mg/mL for extracts and 0.05-0.00039 mg/mL for the standard reference antibiotic. To each well, 20 µL of bacterial inoculum was then added. The first and second wells functioned as sterile (broth only) and negative controls (broth and inoculum), respectively. Plates were wrapped and incubated at 37°C for 24 hours. MIC was

confirmed by adding 20 µL of 2,3,5-triphenyl tetrazolium chloride (TTC) at 2 mg/mL to the incubated culture. Viable bacteria reduce TTC from colorless to pink. The lowest concentration well without pink coloration was considered as the MIC value.^[29,30]

Thin layer chromatography (TLC) bioautography

The TLC bioautography agar overlay method was employed to evaluate the biological activity of separated compounds. About 50 µL of chloroform extract (10 mg/mL) was loaded onto a TLC plate developed using a solvent system consisting of hexane:chloroform:methanol (7:2:1, v/v/v). The developed chromatogram was air-dried, and clear bands were identified, and their retention factor (Rf) was determined. The TLC plate was placed in a sterile petri plate, and overlaid with 15 mL of Muller- Hinton agar combined with 20 µL of bacterial suspension (1.5×10⁸ CFU/mL) and TTC (5 mg/mL), and then allowed to solidify. The plates were initially kept at 4°C for 2 hours for effective and rapid diffusion of the bioactive compound and then incubated at 37°C for 24 hours. A zone of inhibition was observed with the pink background.^[31]

Gas chromatography- mass spectroscopy (GC-MS) analysis

The chloroform extract was subjected to GC-MS analysis using a Shimadzu Nexis GC-2030 system equipped with an AOC-30/20i autosampler. An SH-I-5Sil MS capillary column (30m length, 0.25 mm inner diameter, and 0.25µm film thickness) was used for separation. The mass spectra of the compounds were identified using GC-MS Solutions software and compared with data libraries from NIST 20 (National Institute of Standards and Technology, Washington, DC, USA) and Wiley8.

Statistical Analysis

All experiments were performed in triplicate. Data were analysed using one-way analysis of variance (ANOVA).

RESULTS AND DISCUSSION

Yield percentage (%)

The percentage yield obtained from of *T. asiatica* stem through Soxhlet extraction varied between the solvents (Table 1). Extraction with ethanol showed highest yield (6.48%), followed by chloroform (5.36%), petroleum ether (3.06%), methanol (2.22%) and ethyl acetate (1.34%).

Table 1: Percentage yield (w/w) of *T. asiatica* stem extracts

Solvent extracts	Yield of extraction (%)
Petroleum ether	3.06
Chloroform	5.36
Ethyl acetate	1.34
Ethanol	6.48
Methanol	2.22

The results indicated that extract yield is influenced by the choice of solvent with ethanol being the good solvent with high yield.

Phytochemical Screening

Phytochemical analysis of *T. asiatica* stem extracts revealed the presence of major phyto-constituents, including alkaloids, glycosides, flavonoids, steroids, terpenoids, and phenols (Table 2). Petroleum ether, chloroform, and ethyl acetate extracts revealed the presence of alkaloids. Glycosides were observed in petroleum ether and ethyl acetate extracts. Carbohydrates tested positive in chloroform and ethanol extracts. Polar solvents showed the presence of tannins, whereas chloroform, ethanol, and methanol extracts showed the presence of flavonoids and phenols. Steroids were solely present in the chloroform extract. Terpenoids were reported in all extracts except methanol. The present results corroborate previous reports on leaf extracts from *T. asiatica*, where ethanol extract of leaves was reported to have flavonoids, glycosides, tannins, steroids, and triterpenoids, whereas in methanol extract alkaloids, flavonoids, phenols, saponins, and tannins were reported. Flavonoids and alkaloids were similarly reported in the chloroform extract. [4, 11, 15, 32]



Fig. 1: *Tarennia asiatica* (L.) Kuntze ex K. Schum

Total phenolic content

The phenolic content of extracts varied from 29.43 ± 0.33 mg GAE/g DCE to 42.44 ± 0.16 mg GAE/g DCE (Table 3).

The ethanol extract possessed the highest phenolic concentration (42.44 ± 0.16 mg GAE/g DCE) among the

Table 2: Qualitative phytochemical analysis of *T. asiatica* stem extracts.

Phytochemicals	Phytochemical tests	Petroleum ether	Chloroform	Ethyl acetate	Ethanol	Methanol
Alkaloids	Dragendorff's test	+	+	+	-	-
	Hager's test	+	+	+	-	-
	Wagner's test	+	+	+	-	-
Glycosides	Keller-Killiani's test	+	-	+	-	-
	Sulfuric acid test	+	-	+	-	-
	Modified Borntrager's test	+	-	+	-	-
Carbohydrates	Fehling's test	-	+	-	+	-
	Benedict's test	-	+	-	+	-
Tannin	Gelatin test	-	-	-	+	+
	Braymer's test	-	-	-	+	+
Flavonoids	Alkaline reagent test	-	+	-	+	+
	Ferric chloride test	-	+	-	+	+
Steroids	Libermann-Burchard's test	-	+	-	-	-
Saponin	Foam test	-	-	-	-	-
Terpenoids	Salkowski's test	+	+	+	+	-
Phenols	Ferric chloride test	-	+	-	+	+

Note: '+' indicates the presence of phytochemicals. '-' indicates the absence of phytochemicals.



Table 3: Total phenolic and total flavonoid content of *T. asiatica* stem extracts.

Solvent extracts	TPC (mg GAE/g DCE)	TFC (mg QE/g DCE)
Petroleum ether	-	-
Chloroform	35.81 ± 0.16	79.83 ± 2.20
Ethyl acetate	-	-
Ethanol	42.44 ± 0.16	69.00 ± 1.44
Methanol	29.43 ± 0.33	34.00 ± 2.88

Each value represents the mean ± SEM; (n=3); Note: '-' Not determined

extracts, followed by the chloroform extract (35.81 ± 0.16 mg GAE/g DCE). The findings of the present study were compared with previous reports, in which the acetone extract of *T. asiatica* leaves showed the highest phenolic content (57.21 g GAE/100 g), followed by acetone (48.26 g GAE/100 g) and methanol (43.98 g GAE/100 g) extracts of bark. [33]

Total flavonoid content

The chloroform, ethanol, and methanol extracts that showed the presence of flavonoids during phytochemical screening were further subjected to total flavonoid content estimation (Table 3). Among the examined solvent extracts, the chloroform extract exhibits the highest (79.83 ± 2.20 mg QE/g DCE) total flavonoid content, followed by the ethanol extract (69.00 ± 1.44 mg QE/g DCE). The lowest value was recorded in methanol extract (34.00 ± 2.88 mg QE/g DCE). In earlier reports, the acetone extract of *T. asiatica* leaves showed a high flavonoid content (619.67 mg RE/g), followed by acetone extracts of bark (561.00 mg RE/g) and flowers (497.00 mg RE/g). [33]

Antioxidant activities

DPPH Assay

The stem extracts of *T. asiatica* exhibited notable radical scavenging activity in the DPPH assay, which is evident from the IC₅₀ values. Among the tested extracts, the ethanol extract showed the highest radical scavenging activity, with IC₅₀ values of 57.74 ± 0.52 µg/mL, followed by chloroform (83.27 ± 0.66 µg/mL), methanol (173.88 ± 0.85 µg/mL), ethyl acetate (178.45 ± 0.89 µg/mL), and petroleum ether (212.18 ± 1.13 µg/mL) extracts. However, when compared with the standard ascorbic acid results, which showed IC₅₀=22.91 ± 0.76 µg/mL, all extracts were not on par with the standard (Fig. 2). The radical scavenging activity was in agreement with earlier reports where ethanolic leaf extract possessed a lower IC₅₀ value (26.6 µg/mL) and acetone extract of leaves had an IC₅₀ value of 20.38 µg/mL. [4,33]

Reducing Power Assay

The reducing power of both plant extracts and the standard reference increased gradually with rising concentrations

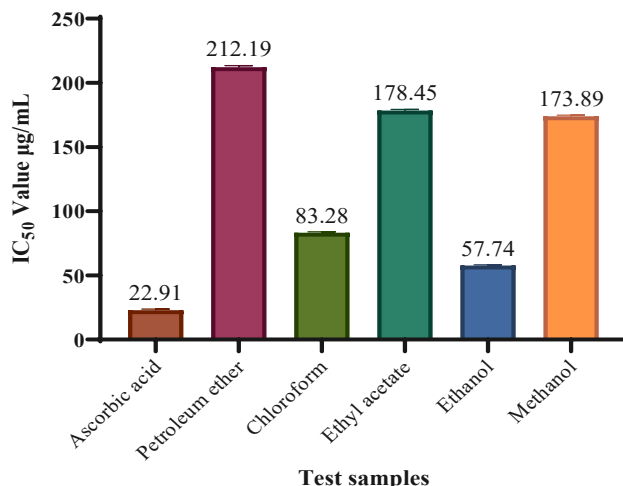


Fig. 2: IC₅₀ value of *T. asiatica* stem extracts by DPPH assay. Values are expressed as mean ± SD (n=3). Statistical significance was determined using one-way ANOVA, and differences were considered significant at p < 0.0001 compared to ascorbic acid.

(Fig. 3). Among the tested extracts, the ethanol extract exhibited the highest absorbance value (0.73 ± 0.00), whereas the ethyl acetate extract showed the lowest value (0.05 ± 0.00). The results were compared to the reducing power of the standard ascorbic acid (2.36 ± 0.06). These findings corroborate the earlier reports where fruits of *T. asiatica* showed excellent reducing power values in ethanol and chloroform extract, [34] and methanol leaf extract also showed reductive capabilities. [35]

Antibacterial activity

Well diffusion method

The antibacterial activity of *T. asiatica* stem extracts was determined by the agar well diffusion method. All solvent

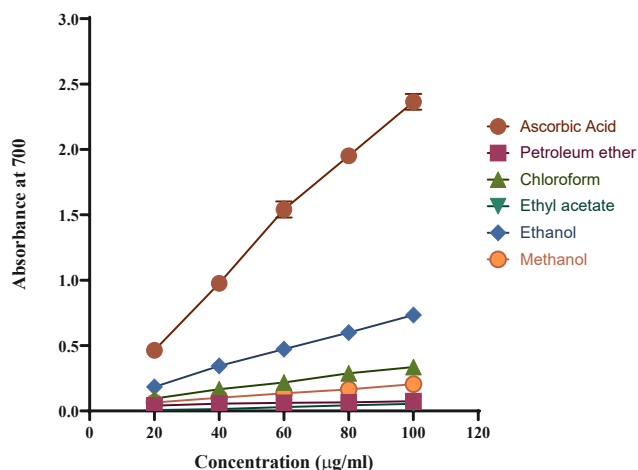


Fig. 3: Antioxidant activity of *T. asiatica* stem extracts by reducing power assay. Values in figure 3 are expressed as mean ± SD (n= 3). Statistical significance was analysed by one-way ANOVA. p < 0.0001 compared with ascorbic acid.

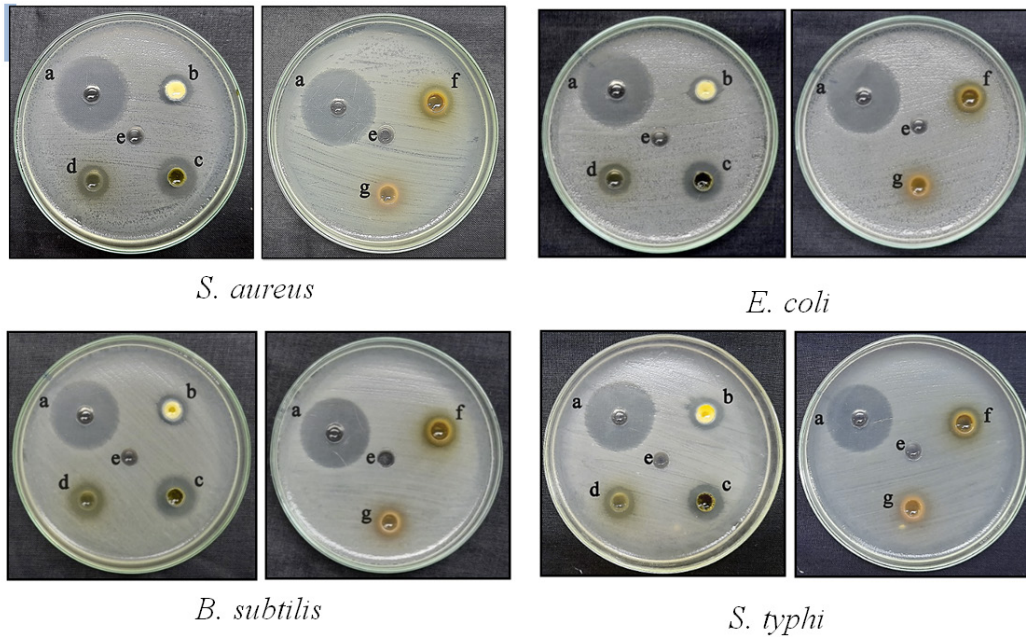


Fig. 4: Antibacterial activity of *T. asiatica* stem extracts
Note: a-Standard (Streptomycin); b-Petroleum ether; c-Chloroform; d-Ethyl acetate; e- DMSO; f-Ethanol; g-Methanol

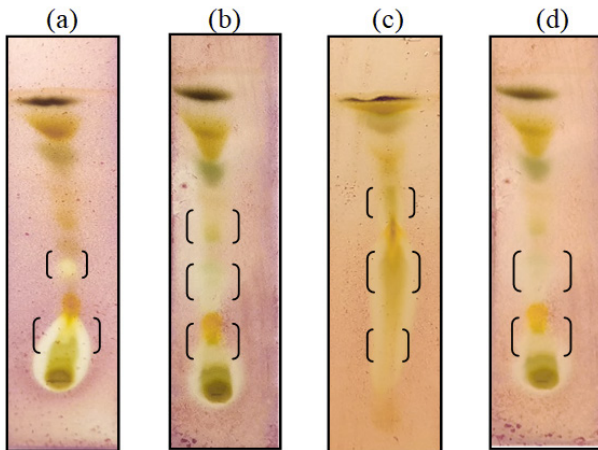


Fig. 5: TLC-bioautography of *T. asiatica* chloroform extract
 (a) *S. aureus*; (b) *B. subtilis*; (c) *E. coli*; (d) *S. typhi*

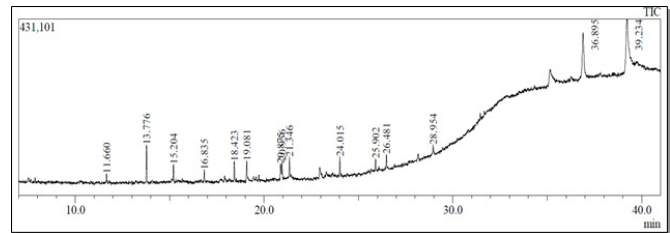


Fig. 6: GC-MS Chromatogram of *T. asiatica* chloroform extract

extracts displayed antibacterial activity against the tested pathogens, except for the methanol extract (Table 4). Among the extracts, the chloroform extract demonstrated the most substantial antibacterial activity with the highest zone of inhibition towards *E. coli* (17.67 ± 0.33 mm), followed by *S. typhi* (17.33 ± 0.33 mm), *S. aureus* (17.00 ± 0.00 mm), and *B. subtilis* (16.33 ± 0.33 mm). In contrast, the methanol extract showed no inhibition (Fig. 4).

Table 4: Antibacterial activities of *T. asiatica* stem extracts by well diffusion assay

Pathogens	Zone of inhibition in mm						Negative control (DMSO)
	Positive control (Streptomycin)	Petroleum ether	Chloroform	Ethyl acetate	Ethanol	Methanol	
<i>S. aureus</i>	30.00 ± 0.00^a	13.33 ± 0.00^c	17.00 ± 0.00^b	12.66 ± 0.33^{cd}	12.33 ± 0.33^d	0.00 ± 0.00^e	0.00 ± 0.00^e
<i>B. subtilis</i>	28.33 ± 0.33^a	13.33 ± 0.33^c	16.33 ± 0.33^b	12.33 ± 0.33^d	11.00 ± 0.00^e	0.00 ± 0.00^f	0.00 ± 0.00^f
<i>E. coli</i>	29.66 ± 0.33^a	13.00 ± 0.00^c	17.66 ± 0.33^b	13.33 ± 0.33^c	12.33 ± 0.33^c	0.00 ± 0.00^d	0.00 ± 0.00^d
<i>S. typhi</i>	30.00 ± 0.00^a	12.33 ± 0.33^d	17.33 ± 0.33^b	14.00 ± 0.00^c	12.33 ± 0.33^d	0.00 ± 0.00^e	0.00 ± 0.00^e

Each values represent mean \pm SEM (n = 3). Based on Tukey's B test, means followed by the same letter(s) within the same row are not significantly different at $p < 0.05$.



Table 5: MIC of *T. asiatica* stem extracts by micro-dilution method (in mg/mL)

Pathogens	Positive control (Streptomycin)	Petroleum ether	Chloroform	Ethyl acetate	Ethanol	Methanol	Negative control (DMSO)
<i>S. aureus</i>	0.003	0.313	0.156	2.500	2.500	0.00	0.00
<i>B. subtilis</i>	0.003	0.313	0.156	2.500	2.500	0.00	0.00
<i>E. coli</i>	0.003	0.625	0.156	2.500	2.500	0.00	0.00
<i>S. typhi</i>	0.006	0.625	0.313	2.500	2.500	0.00	0.00

Values presented were average of triplicate experiments.

Table 6: GC-MS profile of *T. asiatica* chloroform extract

Peak No.	Retention time	Area of %	Compound name	Molecular formula	Biological application
1	11.660	1.40	1-Tetradecene	C ₁₄ H ₂₈	-
2	13.776	6.65	2,4-Di-tert-butylphenol	C ₁₄ H ₂₂ O	Antibacterial, antiviral, antifungal, antioxidant, cytotoxic ^[37]
3	15.204	2.71	Tetradecyl trifluoroacetate	C ₁₆ H ₂₉ F ₃ O ₂	-
4	16.835	2.10	Hexadecyl acrylate	C ₁₉ H ₃₆ O ₂	-
5	18.423	3.73	1-Nonadecene	C ₁₉ H ₃₈	Antibacterial ^[38]
6	19.081	3.52	Neophytadiene	C ₂₀ H ₃₈	Antimicrobial, antipyretic, analgesic, anti-inflammatory, antioxidant ^[39]
7	20.875	4.76	n-Hexadecanoic acid	C ₁₆ H ₃₂ O ₂	Anti-inflammatory, antioxidant, antibacterial ^[11,40,41]
8	20.956	4.12	(-)-Cembrene A	C ₂₀ H ₃₂	-
9	21.346	3.97	Octacosanol	C ₂₈ H ₅₈ O	Anti-Parkinsonian effect, lipid metabolism regulation, reduce fatigue, cardiovascular and liver protection, anti-inflammatory ^[42,43]
10	24.015	3.74	Docosyl trifluoroacetate	C ₂₄ H ₄₅ F ₃ O ₂	-
11	25.902	2.35	3,4',5,6'-tetra-tert-butylbiphenyl-2,3'-diol	C ₂₈ H ₄₂ O ₂	-
12	26.481	2.80	Heneicosyl trifluoroacetate	C ₂₃ H ₄₃ F ₃ O ₂	-
13	28.954	1.97	1-Hexacosanol	C ₂₆ H ₅₄ O	Antibacterial, antitumor ^[44,45]
14	36.895	22.44	Salvigenin	C ₁₈ H ₁₆ O ₆	Antioxidant, anti-inflammatory, cytotoxic, anti-tumor activities ^[46,47,48]
15	39.234	33.74	Retusine	C ₁₉ H ₁₈ O ₇	Antibacterial, anti-inflammatory ^[49,50]

Similarly, as mentioned in previous studies, leaf extract of *T. asiatica* showed moderate activity against *S. aureus* and *P. aeruginosa* with a clear zone of inhibition of 11 mm^[36], and acetone extract of the leaf also showed a favorable antibacterial property.^[32]

MIC

The chloroform extract demonstrated the lowest MIC value (0.156 mg/mL) against *S. aureus*, *B. subtilis*, and *E. coli*, and 0.313 mg/mL for *S. typhi*, followed by petroleum ether with an MIC value of 0.313 mg/mL against *S. aureus*, and *B. subtilis*, and a value of 0.625 mg/mL against *E. coli*, and *S. typhi*. The lowest value was observed in ethyl acetate and ethanol extract, whereas the methanol extract showed no

inhibitory effect against the tested pathogens (Table 5). The result exhibits that even at the lowest concentration chloroform extract was efficient in inhibiting the bacterial growth and showed a significant difference.

TLC bioautography

The chloroform extract was subjected to estimate antibacterial activity by the TLC bioautography method. TLC separation of the extract showed a total of 7 bands with the R_f values of 0.90, 0.85, 0.77, 0.53, 0.37, 0.24, and 0.16. The developed TLC plates were dried and subsequently used for bioautographic analysis. Zones of inhibition were observed at specific R_f values (Fig. 5). At R_f values of 0.37, 0.24, and 0.16, inhibition zones were

observed against *B. subtilis* and *E. coli*, whereas inhibition zones were observed at Rf values of 0.16 and 0.37 against *S. aureus* and *S. typhi*. The observed inhibition zones indicate that the antibacterial constituents are associated with compounds present at these specific Rf values.

GC-MS analysis

The chloroform extract, which confirmed prominent antibacterial activity along with low MIC values, was therefore selected for GC-MS analysis. The GC-MS profile revealed the presence of 15 compounds belonging to phenolic, flavonoid, and terpenoid classes (Fig. 6 and Table 6). The major constituents identified were retusine (33.74%) and salvigenin (22.44%), collectively accounting for 56.18% of total extract composition. The minor constituent contains 1-hexacosanol (1.97%) and 1-tetradecene (1.40%). Several identified compounds, including 2,4-di-tert-butylphenol, 1-nonadecene, 1-hexacosanol, and retusine, have been previously reported to exhibit biological activities. The antibacterial activity of the chloroform extract may result from the individual or synergistic interactions of multiple phyto-constituents present in the extract. Earlier GC-MS investigations on *T. asiatica* have reported the presence of tetracontane, 2-methyltetracosane, and eicosane in acetone leaf extract and n-hexadecanoic acid in ethanol leaf extract.^[14,15]

CONCLUSION

The present study provides scientific insight into the phytochemical composition and evaluates the measurable free radical scavenging and antibacterial potential of stem extracts of *T. asiatica*, a medicinal plant traditionally used in the Punajur region of Chamarajanagara district, Karnataka, India. Among tested solvents, chloroform extract exhibited comparatively stronger antibacterial activity, while ethanol extract showed strong antioxidant potential. The enhanced antibacterial activity of the chloroform extract may be due to the presence of moderately non-polar bioactive compounds, like flavonoids and terpenoid derivatives identified through GC-MS analysis, as well as possible synergistic interactions between the phytochemicals.

The present study is limited to *in-vitro* evaluation of antioxidant and antibacterial activities. Further experimental validation is required to confirm the pharmacological relevance of the individual bioactive compounds. These findings provide a scientific basis for the traditional use of *T. asiatica* and warrant further investigation into its potential therapeutic applications. Therefore, additional research for structural characterization of active constituents, and *in-vivo* pharmacological validation is necessary to validate therapeutic relevance *T. asiatica*.

ACKNOWLEDGMENT

The authors sincerely acknowledge Kerala Forest Research Institute (KFRI), Peechi, Thrissur, for GC-MS analysis and the Institution of Excellence (IOE), University of Mysore, Manasagangotri, for providing instrumentation facilities.

REFERENCES

1. Dar RA, Shahnawaz M, Qazi PH. General Overview of Medicinal Plants: A review. The Journal of Phytopharmacology. 2017;6(6):349-351. Available from: https://phytopharmajournal.com/assets/pdf_files/Vol6_Issue6_08.pdf
2. Farnsworth NR. Screening plants for new medicines. Biodiversity. 1988 Jan 15;15(3):81-99. Available from: <http://www.nap.edu/catalog/989.html>
3. Adhikari BS, Babu mm, Saklani PL, Rawat GS. Medicinal plants diversity and their conservation status in Wildlife Institute of India (WII) campus, Dehradun. Ethnobotanical leaflets. 2010;2010(1):6. Available from: <https://opensiuc.lib.siu.edu/eb/vol2010/iss1/6>
4. Manojj D, Yasasve M, Kanmani K, Sai Ramesh AS. In vitro cytotoxicity study and anti-Brucella activity of *Tarenna asiatica* (L). South African Journal of Botany 2020;128:54-61. Available from: <https://doi.org/10.1016/j.sajb.2019.09.021>.
5. Rao NR, Henry AN. The Ethnobotany of Eastern Ghats in Andhra Pradesh, India. Botanical survey of India; 1996.
6. Gunasekaran M, Balasubramanian P. Ethnomedicinal uses of sthalavrikshas (Temple trees) in Tamil Nadu, southern India. Ethnobotany Research and Applications. 2012;10:253. Available from: <https://doi.org/10.17348/era.10.0.253-268>
7. Sathesh Kumar C, Prabhu K, Kalavani S, Franklin A, Rao MRK, Janaki CS, Dinakaran S. The GC MS Study of Leaf Extract One Herbal Plant, *Tarenna asiatica* (L). Journal of Research in Medical and Dental Science. 2022;10(12):056-060. Available from: <https://www.jrmds.in/articles/the-gc-ms-study-of-leaf-extract-one-herbal-plant-tarenna-asiatica-l.pdf>
8. Jayasinghe ULB, Jayasooriya CP, Bandara BM, Ekanayake SP, Merlini L, Assante GM. Antimicrobial activity of some Sri Lankan Rubiaceae and Meliaceae. Fitoterapia. 2002;73(5):424-427. Available from: [https://doi.org/10.1016/s0367-326x\(02\)00122-3](https://doi.org/10.1016/s0367-326x(02)00122-3)
9. Khare CP. Indian medicinal plants: an illustrated dictionary. Springer Science & Business Media; 2008. Available from: <http://ci.nii.ac.jp/ncid/BA88455858>
10. Karuppusamy S. Medicinal plants used by Paliyan tribes of Sirumalai Hills of southern India. Natural Product Radiance. 2007;6(5):436-442. Available from: <http://nopr.niscair.res.in/bitstream/123456789/7898/1/NPR%206%285%29%20436-442.pdf>
11. Pratheeba T, Taranath V, Sai Gopal DVR, Natarajan D. Antidengue potential of leaf extracts of *Pavetta tomentosa* and *Tarenna asiatica* (Rubiaceae) against dengue virus and its vector *Aedes aegypti* (Diptera: Culicidae). Heliyon. 2019;5(11):1-10. Available from: <https://doi.org/10.1016/j.heliyon.2019.e02732>
12. Yang CS, Lambert JD, Ju J, Lu G, Sang S. Tea and cancer prevention: Molecular mechanisms and human relevance. Toxicology and Applied Pharmacology. 2007;224:265-273. Available from: <https://doi.org/10.1016/j.taap.2006.11.024>
13. Amutha D, Shanthy S, Mariappan V. Anti-inflammatory effect of *Tarenna asiatica* in carrageenan induced lung inflammation. International Journal of Pharmacy and Pharmaceutical Sciences. 2012;4:344-347. Available from: <https://innovareacademics.in/journal/ijpps/Vol4Suppl5/4997.pdf>
14. Deborah S, Anand S, Velmurugan G. Evaluation of In vitro anticancer activity of *Tarenna asiatica* (L.) fruits ethanolic extract against human breast cancer. International Journal of Herbal Medicine. 2017;5(5):110-113. Available from: <https://www.florajournal.com/archives/2017/vol5issue5/PartB/6-4-10-647.pdf>
15. Hashmi U, Firdouse S. (2019). GC-MS analysis of phytochemical



- compounds present in *Tarenna asiatica* leaves extract. World Journal of Pharmaceutical and Life Sciences. 2025;5(10):136-153. Available from https://www.wjpls.org/admin/assets/article_issue/45112019/1575078725.pdf
16. Malabadi RB, Mulgund GS, Nataraja K. Ethnobotanical survey of medicinal plants of Belgaum district, Karnataka, India. Journal of Medicinal and Aromatic Plant Sciences. 2007;29(2):70-77. Available from: https://www.researchgate.net/publication/351613079_Ethanobotanical_survey_of_medicinal_plants_of_Belgaum_district_Karnataka_India
 17. Gamble JS. Flora of the Presidency of Madras, vol. II. Bot. Survey of India. 1934: 612-613
 18. World Flora Online (WFO): <https://www.worldfloraonline.org/taxon/wfo-0000320888>
 19. Harborne JB. Methods of plant analysis. In Phytochemical methods: a guide to modern techniques of plant analysis 1984 (pp. 1-36). Dordrecht: Springer Netherlands.
 20. Harborne JB. Phytochemical Methods: A guide to modern techniques of plant analysis. 1973. Available from: https://www.springer.com/cda/content/document/productFlyer/productFlyer_978-0-412-57260-9.pdf?SGWID=0-0-1297-33550746-0
 21. Evans WC, Trease GE. A textbook of Pharmacognosy. Baillière, Tindall and Cassell; 1966.
 22. Yadav RNS, Agarwala M. Phytochemical analysis of some medicinal plants. The Journal of Phytology. 2011;3(12):10-14. Available from: <http://scienceflora.org/journals/index.php/jp/article/view/2737>
 23. Tiwari P, Kumar B, Kaur M, Kaur G, Kaur H. Phytochemical screening and extraction: a review. Internationale pharmaceutica sciencia. 2011;1(1):98-106. Available from: <https://docshare01.docshare.tips/files/9403/94036813.pdf>
 24. Amir M, Khan A, Mujeeb M, Ahmad A, Usmani S, Akhtar M. Phytochemical Analysis and in vitro Antioxidant Activity of *Zingiber officinale*. Free Radicals and Antioxidants. 2011;1(4):75-81. Available from: <https://doi.org/10.5530/ax.2011.4.12>
 25. Chander PA, Sri HY, Sravanthi NBM, Susmitha UV. In vitro anthelmintic activity of *Barleria buxifolia* on Indian adult earthworms and estimation of total flavonoid content. Asian Pacific Journal of Tropical Disease. 2014;4:233-235. Available from: [https://doi.org/10.1016/s2222-1808\(14\)60445-x](https://doi.org/10.1016/s2222-1808(14)60445-x)
 26. Braca A, De Tommasi N, Di Bari L, Pizza C, Politi M, Morelli I. Antioxidant principles from *Bauhinia tarapotensis*. Journal of natural products. 2001;64(7):892-895. Available from: <http://dx.doi.org/10.1021/np0100845>
 27. Fejes S, Blázovics A, Lugasi A, Lemberkovics É, Petri G, Kéry Á. In vitro antioxidant activity of *Anthriscus cerefolium* L. (Hoffm.) extracts. Journal of Ethnopharmacology. 2000;69(3):259-265. Available from: [https://doi.org/10.1016/s0378-8741\(99\)00171-3](https://doi.org/10.1016/s0378-8741(99)00171-3)
 28. Kurhekar JV. Study of *Allium sativum* with reference to its antimicrobial effects on bacterial pathogens causing common infections. Asian Journal of Microbiology Biotechnology and Environmental Sciences. 2006;6(4):877-879. Available from: https://www.envirobiotechjournals.com/issues/article_abstract.php?aid=1683&iid=63&jid=1
 29. Zgoda JR, Porter JR. A convenient microdilution method for screening natural products against bacteria and fungi. Pharmaceutical Biology. 2001;39(3):221-225. Available from: <https://doi.org/10.1076/phbi.39.3.221.5934>
 30. Klančnik A, Piskernik S, Jeršek B, Možina SS. Evaluation of diffusion and dilution methods to determine the antibacterial activity of plant extracts. Journal of microbiological methods. 2010;81(2):121-126. Available from: <https://doi.org/10.1016/j.mimet.2010.02.004>
 31. Marston A. Thin-layer chromatography with biological detection in phytochemistry. Journal of Chromatography A. 2011;1218:2676-2683. Available from: <https://doi.org/10.1016/j.chroma.2010.12.068>
 32. Shanthamani M, Ulagi R. Antimicrobial studies on the extract of *Benkara malabarica* (Lam.) Triveng and *Tarenna asiatica* (L.) Kuntze Ex K. Schum. Journal of Pharmacognosy and Phytochemistry. 2018;7(4):08-11. Available from: <https://www.phytojournal.com/archives/2018/vol7issue4/PartA/7-3-526-961.pdf>
 33. Thangaraj P, Karthikkumar S, Sajeesh T, Vinodh Kumar V, Kamalanathan D, Natarajan T. Evaluation of antioxidant and antimicrobial activities of *Tarenna asiatica* (L.) O. Kuntze. Ex K. Schum. Asian Journal of Pharmaceutical and Clinical Research. 2014;7(6):102-110. Available from: <http://www.innovareacademics.in/journals/index.php/ajpcr/article/download/824/601>
 34. Anand SP, Deborah S, Velmurugan G. Evaluation of antioxidant activity of some wild edible fruits collected from Boda and Kolli hills. The Journal of Phytopharmacology. 2018;72:127-133. Available from: <https://doi.org/10.31254/phyto.2018.7205>
 35. Vishnu R, Nisha R, Jamuna S, Paulsamy S. Quantification of total phenolics and flavonoids and evaluation of in vitro antioxidant properties of methanolic leaf extract of *Tarenna asiatica* - an endemic medicinal plant species of Maruthamali hills, Western Ghats, Tamil Nadu. Journal of Research in Plant Sciences. 2013;2(2):196-204. Available from: <https://www.scirp.org/reference/referencespapers?referenceid=2307390>
 36. Kalusalingam M, Balakrishnan V. In vitro Analysis of Antibacterial Activities in Selected Medicinal Plant Species from Rubiaceae. International Journal of Pharmacy and Biological Sciences. 2019;1062-6. Available from: https://ijpbs.com/ijpbsadmin/upload/ijpbs_5d428c4e5c8d4.pdf
 37. Zhao F, Wang P, Lucardi RD, Su Z, Li S. Natural sources and bioactivities of 2, 4-di-tert-butylphenol and its analogs. Toxins. 2020;12:35. Available from: <https://doi.org/10.3390/toxins12010035>
 38. Smaoui S, Mathieu F, Elleuch L, Coppel Y, Merlina G, Karray-Rebai I, Mellouli L. Taxonomy, purification and chemical characterization of four bioactive compounds from new *Streptomyces* sp. TN256 strain. World Journal of Microbiology and Biotechnology. 2012;28(3):793-804. Available from: <https://doi.org/10.1007/s11274-011-0872-6>
 39. Raman BV, Samuel LA, Saradhi MP, Rao BN, Krishna NV, Sudhakar M, Radhakrishnan TM. Antibacterial, antioxidant activity and GC-MS analysis of *Eupatorium odoratum*. Asian Journal of Pharmacy and Clinical Research. 2012;5(2):99-106. Available from: <http://www.ajpcr.com/Vol5Suppl2/940.pdf>
 40. Aparna V, Dileep KV, Mandal PK, Karthe P, Sadasivan C, Haridas M. Anti-inflammatory property of N-Hexadecanoic acid: Structural evidence and kinetic assessment. Chemical Biology and Drug Design. 2012;80(3):434-439. Available from: <https://doi.org/10.1111/j.1747-0285.2012.01418.x>
 41. Sharmila M, Rajeswari M, Jayashree I, Geetha DH. GC-MS analysis of bioactive compounds of *Amarantus polygonoides* Linn. (Amaranthaceae). International Journal of Applied and Advanced Scientific Research. 2016;1(1):174-180. Available from: <https://search.datacite.org/works/10.5281/ZENODO.168219>
 42. De Oliveira AM, Conserva LM, De Souza Ferro JN, De Almeida Brito F, Lemos RPL, Barreto E. Antinociceptive and Anti-inflammatory Effects of Octacosanol from the Leaves of *Sabicea grisea* var. *grisea* in Mice. International Journal of Molecular Sciences. 2012;13(2):1598-1611. Available from: <https://doi.org/10.3390/ijms13021598>
 43. Zhou Y, Cao F, Luo F, Lin Q. Octacosanol and health benefits: Biological functions and mechanisms of action. Food Bioscience. 2022;47:101632. <https://doi.org/10.1016/j.fbio.2022.101632>
 44. Tayman FK, Adotey JP, Armah FA. Isolation, identification and biological activity of 1-Hexacosanol from the leaves of *Launaea taraxacifolia* (Willd) Jeffery, Asteraceae. Journal of Basic & Applied Sciences. 2011;3(3):223-232. Available from: https://www.researchgate.net/profile/John-Adotey/publication/340967740_Isolation_Identification_and_Biological_activity_of_1-Hexacosanol_from_the_leaves_of_Launaea_taraxacifolia_Willd_Jeffery_Asteraceae/links/5ea81231299bf1dcb09eb8b4/Isolation-Identification-and-Biological-activity-of-1-Hexacosanol-from-the-leaves-of-Launaea-taraxacifolia-Willd-Jeffery-Asteraceae.pdf
 45. Figueiredo CR, Matsuo AL, Massaoka MH, Girola N, Azevedo RA, Rabaça AN, Farias CF, Pereira FV, Matias NS, Silva LP, Rodrigues EG. Antitumor activity of *Kielmeyera coriacea* leaf constituents in experimental melanoma, tested *in vitro* and *in vivo* in syngeneic mice. Advanced pharmaceutical bulletin. 2014;4(Suppl 1):429.

- Available from: <https://pubmed.ncbi.nlm.nih.gov/25364658>
46. Mansourabadi AH, Sadeghi HM, Razavi N, Rezvani E. Anti-inflammatory and analgesic properties of salvigenin, *Salvia officinalis* flavonoid extracted. *Advanced Herbal Medicine*. 2016;2(1):31-41. Available from: <https://core.ac.uk/download/pdf/143844546.pdf>
47. Shao H, Chen J, Li A, Ma L, Tang Y, Chen H, Chen Y, Liu J. Salvigenin suppresses hepatocellular carcinoma glycolysis and chemoresistance through inactivating the PI3K/AKT/GSK-3 β pathway. *Applied biochemistry and biotechnology*. 2023;195(8):5217-5237. Available from: <https://doi.org/10.1007/s12010-023-04511-z>
48. Patel DK. Therapeutic benefit of salvigenin against various forms of human disorders including cancerous disorders: medicinal properties and biological application in the modern medicine. *Current Chinese Science*. 2021;1(3):387-395. Available from: <https://doi.org/10.2174/2210298101666210224100246>
49. Amaro-Luis JM, Adrián M, Díaz C. Isolation, identification and antimicrobial activity of ombuoside from *Stevia triflora*. *Annales pharmaceutiques françaises*. 1997;55(6):262-268. Available from: <https://pubmed.ncbi.nlm.nih.gov/9453171>
50. Arciniegas A, Apan MaTR, Pérez-Castorena AL, De Vivar AR. Anti-inflammatory Constituents of *Mortonia greggii* Gray. *Zeitschrift Für Naturforschung C*. 2004;59(3-4):237-243. Available from: <https://doi.org/10.1515/znc-2004-3-42>

HOW TO CITE THIS ARTICLE: Meghashree AM, Gampalli RH. Phytochemical Composition, GC-MS Profiling, Antibacterial and Antioxidant Activities of *Tarennia asiatica* Stem Extracts. *Int. J. Pharm. Sci. Drug Res.* 2026;18(2):87-96. DOI: 10.25004/IJPSDR.2026.180202

